



# JUDO - VERBAND BERLIN e.V.

Fachverband für Budopraktiken  
Mitglied im Deutschen Judo Bund e.V.  
Mitglied im Landessportbund Berlin e.V.

## International Training Camp Berlin 2017

Dear Judoka, dear coaches,

Judo-Verband-Berlin organises an international training camp from 27<sup>th</sup> to 30<sup>th</sup> December 2017. This camp, just like the camps right after the European Cups for cadets and juniors in Berlin, takes place in the big hall in Sportforum Berlin in Hohenschönhausen. The aim of this camp is to enable interested and ambitious Judoka of the age groups u15/u18/u21 high-quality training with many good partners between Christmas and New Year in order to provide optimal preparation for the upcoming competitions next year.

Many athletes and coaches have regretted for many years that there is no such training opportunity in Germany. Some athletes and delegations have thus travelled to training camps in other countries in the previous years. We believe that we should be able to organise something like this in Germany and want to offer four days of Randori with our 1<sup>st</sup> International Training Camp. We hope that this opportunity suits your interests and that many of you will seize this opportunity in order to fill the tatami with many high-class judoka from all over Germany and our neighbours. Only your participation will guarantee the success of this 1<sup>st</sup> training camp!

### The training facilities:

Sportforum "Main Hall"

Weißenseer Weg 51-54

13053 Berlin

Germany

### Timetable:

27. Dec. 2017	28. Dec 2017	29. Dec. 2017	30. Dec. 2017
Arrival, Accreditation	10:00 – 12:00 Uhr Randori	10:00 – 12:00 Uhr Randori	09:00 – 11:00 Uhr Randori
17:00 – 19:00 Uhr Randori	16:00 – 18:00 Uhr Randori	16:00 – 18:00 Uhr Randori	Departure

All in all there will be 6 training sessions on 4 days. One training session each will be on the days of arrival as well as departure, on the remaining two days there will be two trainings each day. The main focus will be on Randori.

**Costs:**

The costs for the training camp for the entire four days are only € 30 per athlete. The cost for a single training will be € 7 per athlete.

We can also offer a very good possibility for accommodation: three nights in a shared bedroom with breakfast at the Holiday Inn (4 stars) amount to € 99.50 per athlete and in the A&O Hostel to € 78.75. You can also book lunch and dinner for an additional fee. For exact prices of each hotel check the reservation forms on our website. However, you can always find your own accommodation; there is no obligation to stay in the official hotels.

**Important deadlines:**

**You have to sign in for the international training camp by 30<sup>th</sup> November 2017.** For your registration use the attached form and send this to [itc@judo-verband-berlin.de](mailto:itc@judo-verband-berlin.de) by 30<sup>th</sup> November 2017 the latest.

**The booking of the hotel must also be done by 30<sup>th</sup> November 2017.** Only up to this date the special conditions are valid. You will have to book by yourself but you may use the forms from our website.

**Website:**

All the information for the training camp, the hotels and more can be found on our website <http://itc.judo-verband-berlin.eu/>.

**Any questions?**

If there are any questions, please contact Jakob Spiegel at [itc@judo-verband-berlin.de](mailto:itc@judo-verband-berlin.de).

We hope that you will seize this opportunity and that we will see each other from 27<sup>th</sup> to 30<sup>th</sup> December 2017 for many high-class Randori in Berlin! Sign in straight away!

Yours sincerely,

ITC-Team